

## “What to do When Your Job Search is Stalled and The Money is Running Out”

- 1) Take a deep breath and do some self-reflecting

Find the positive things to look at in your own life; family, friends, hobbies, adventures, memories, and etc. Reflect on all of your individual accomplishments, the contributions you have made and the positive ways in which you have affected the lives of others! Remember, this is only one phase of the whole journey.

- 2) Take time to acknowledge and truly learn any valuable lessons from this experience.

What have you done well, and what are areas for improvement. Ask people whom you trust for honest feedback and support.

- 3) Take a good hard look at your priorities and goals.

Consider the following:

Dreams, values, goals, priorities, stage of career

Items you might want to put on your personal “Poster Board”

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Self-efficacy = the belief you have in your ability to accomplish and given task.

Main determinant: Have you yourself been successful in accomplishing this task or a very similar task in the past?

Secondary determinant: Do you know someone who is like you who has successfully accomplished this task in the past?

### When the job search stalls:

The first thing one must do on this account is to look in the mirror and accurately assess how much effort has been put into their job search. Why go down any different path if this path is not totally exhausted. This will require a person to be aware of the industry in which they work, the role that they play within that industry, and what the future most likely holds for the combination of the two.

How hard am I working at trying to find a new job?

Am I doing the “right” things to find a new job?

Are any employers in my industry hiring right now?

How many face to face network meetings have I had?

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Step Two:

Take a hard look and determine your career direction. What will be the most effective route for you to take and do you still enjoy using your skills and are they in high demand? If yes, then look at alternative places to find work. Consider relocating, commuting, at home or virtual work and etc.

On-line consulting opportunities: Below is a very small sampling of available internet sites and they are in no particular order.

[www.workingsolo.com](http://www.workingsolo.com) - good for the home based or small business

[www.ahbbo.com](http://www.ahbbo.com) - information, and a long list of businesses that you can run from your home

[www.cehandbook.com](http://www.cehandbook.com) this is a handbook for covering every facet of doing temporary or contract work.

[www.jobsearch.about.com](http://www.jobsearch.about.com) there are links to articles about temp work

[www.staffingtoday.net](http://www.staffingtoday.net) - a good resource to help you find a temp agency on the internet

[www.snagajob.com](http://www.snagajob.com) – refer to themselves as the #1 site for hourly employment, usually entry level positions

[www.nettemps.com](http://www.nettemps.com) - seemed to have lots of good listings

[www.cjhunter.com](http://www.cjhunter.com) - contract job hunter is a listing of firms that hire contract workers and consultants

[www.virtualecommerce.com](http://www.virtualecommerce.com)

[www.ifreelance.com](http://www.ifreelance.com)

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Step three: Decide what would benefit you the most

Temp work in same field

Full time job searching

A stop gap job; ( plan B,C,D)

### When the money is running out, or is out

1. Get a stop gap job
2. Temp work
3. 2 or more part time jobs
4. Job sharing

It is important at this point in life to acknowledge that it will be for a short time, it is helping you put food on the table, everything is cyclical.

Hard work will not demean you, nor make you less important as a person. We are valuable in the sight of God and those who love us. Providing for yourself and loved ones is honorable.

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